

LiquiDaily (Full Spectrum) "Supreme"

Developed by The Institute of Nutritional Science Foundation.



Excerpted from a lecture by K. Steven Whiting Ph.D., Director, Institute of Nutritional Science. Reproduced by permission.

Full Spectrum nutrition is the concept of providing the body with all the essential nutrients it needs, in the right potency, ratio and absorption factors to ensure maximum benefit. By using a liquid delivery system, we can increase absorption of nutrients many times since liquids, with the proper pH, have two opportunities for absorption, the stomach and small intestine. Also liquids afford us the opportunity to adjust ratios of one nutrient to another, matching the natural presence of these nutrients in the human body. We have developed a liquid formulation, which is now being offered by Vitmin International BV and it provides mega doses of over 130 nutrients including fatty acids, vitamins, minerals, amino acids, phytonutrients and antioxidants. This is the identical formula we use on our clients and patients at our Centers around the world.

LiquiDaily Supreme:

The Ultimate in Full Spectrum Nutrition

Full Spectrum Nutrition, providing all the essential nutrients known to be involved in human health and longevity, and for the first time, even the essential fatty acids, which are protected by an exclusive antioxidant protection system. Now Full Spectrum is really all in one convenient bottle! Further, our formulation, developed exclusively for us by The Institute of Nutritional Science, contains a wider range of vital antioxidant nutrients such as lycopene, lutein for the eyes, and alpha lipoic acid, one of the most powerful anti-aging antioxidants presently known to science. When you consider everything contained in LiquiDaily Supreme, all the vitamins, 75+ minerals, essential fatty acids, phytonutrients from plants, heavy hitting antioxidants as well as the full range of amino acids, you just can't find a more complete formula. By combining all these nutrients into one bottle, the cost to the end user is but a fraction of purchasing this range of nutrients in individual products.

For a complete product description see pages 2 and 3

LiquiDaily (Full Spectrum) "Supreme"

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Content: 454 ml

Serving Size 1/2 oz. (1 table spoon)

Servings per container 32

Value	Per 1/2 oz Serving	% Daily
Calories 25		
Total Carbohydrate	5 gm	1%*
Sugars 2 gm fructose		
Vitamin A (as palmitate & 2% as beta-carotene)	3,750 IU	75%
Vitamin C (ascorbic acid)	375 mg	310%
Vitamin D (as cholecalciferol)	110 IU	30%
Vitamin E (as d-alpha tocopherol acetate)	75 IU	250%
Vitamin B1 (thiamin)	10 mg	625%
Vitamin B2 (riboflavin)	10 mg	550%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	15 mg	750%
Folate (as folic acid)	150 mcg	40%
Vitamin B12 (as cyanocobalamin)	75 mcg	1250%
Biotin	110 mcg	40%
Pantothenic Acid (as calcium d-pantothenate)	40 mg	375%
Calcium (as citrates & chelates)	110 mg	11%
Iron (as fulvates & humates)	2 mg	8%
Magnesium (as citrate)	40 mg	11%
Zinc (gluconate)	6 mg	40%
Selenium (selenium methionine)	26 mcg	40%
Copper (as gluconate)	1 mg	40%
Manganese (as gluconate)	3 mg	40%
Chromium (as polynicotinate)	50 mcg	40%
Potassium (as citrate)	40 mg	2%
Boron (as ascorbate)	500 mcg	*
Choline (as bitartrate)	10 mg	*
Inositol	10 mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Citrus Bioflavonoids	0 mg	*
Dimethyl glycine (as dimethylglycine hydrochloride)	4 mg	*
Silica	6 mg	*
Gama Oryzanol (from rice bran)	20 mg	*

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Proprietary Blend of Amino Acids Per 1/2 oz Serving % Daily

(from gelatin hydrolysate)

			50 mg	*
Glycine Arginine	Valine	Methionine	Tyrosine	Hydroxyproline
Aspartic Acid	Phenylalanine	Alanine	Proline	Serine
Isoleucine	Cysteine	Leucine	Glutamic Acid	Lysine
Threonine	Histidine			

Total Spectrum Essential Fatty Acids 100 mg *

(Total Spectrum Fatty Acids have been emulsified and are protected from oxidation and rancidity by a proprietary process.)

Alpha-Linolenic Acid (Omega 3) Linoleic Acid (Omega-6) Oleic Acid (Omega-9)

Proprietary Blend of Phytonutrients 25 mg *

Broccoli Powder	Banana Powder	Carrot Powder	Blueberry Plus Powder
Cherry Plus Powder	Peach Plus Powder	Spinach Powder	

Proprietary Blend of Cell Ensure 110 mg *

(Cell Ensure is a Proprietary Blend of the following antioxidants and free radical scavengers in a unique, highly bio-available compound.)

N-Acetyl Cysteine	Bilberry Extract (berry)	
Milk Thistle Seed (Silybum marianum)	Coenzyme Q10	Quercetin
Alpha Lipoic Acid	Lycopene (tomato extract)	Lutein
Grapeseed extract (leucocyanidins)		

Other ingredients: Purified water, plant-derived, ionic trace mineral complex (see listing below), natural vegetable glycerine, natural fruit juice concentrate, citric acid, natural flavors, Span 60/Tween 80 (<1%), potassium sorbate, and sodium benzoate.

Bromide	Selenium	Titanium	Molybdenum	Scandium	Uranium
Bismuth	Cerium	Thulium	Tantalum	Calcium	Phosphorus
Rubidium	Strontium	Tin	Gallium	Hafnium	Cesium
Erbium	Thorium	Carbonate	Iodine	Cobalt	Zinc
Lanthanum	Zirconium	Terium	Gold	Ytterbium	Thallium
Fluoride	Chromium	Copper	Nickel	Tttrium	Vanadium
Europium	Dysprosium	Neodymium	Rhenium	Silicon Iron	
Antimony	Tungsten	Barium	Beryllium	Gadolinium	Holmium
Nitrogen	Manganese	Arsenic	Germanium	Silver	Tellurium
Samarium	Lutetium	Niobium	Platinum	Praseodymium	